



Personal Development Curriculum

Our Ethos

At All Saints CE Primary School our ultimate aim is to unlock the potential of students by living by our Bible quote of 'living life in all its fullness.' By focussing on our core values of love, live and learn, we believe that we are giving our students all of the tools that they will need throughout our primary setting, and that will have a positive impact on them throughout their adult lives, helping them to become kind, respectful and resilient people who contribute positively to society.

Intent

At All Saints CE Primary School, we place a great deal of emphasis in supporting our students to ensure that they receive a bespoke Personal Development curriculum. Our curriculum has been developed to support our love, live and learn ethos. Our Personal Development curriculum focuses on helping our students to develop their self-belief, trust, aspirations and respect.

Our Personal Development curriculum extends beyond focusing on academic understanding, and also allows our students to develop skills that will help them in later life. Our offer of enrichment activities usually has a PE focus which means that students can develop their skills in resilience and teamwork; whilst our focus on themed days and visitor talks allow students to deepen their knowledge and skills without solely being in a classroom setting.

Through our Christian ethos, our students learn to be respectful and tolerant of others, not only through interactions within school, but by also learning about different faiths and beliefs, with many important celebrations being marked at school.

By providing a warm and nurturing environment, our students can safely express themselves and their beliefs, helping them to develop into compassionate and caring young people.

Implementation

Our thoughtfully planned Personal Development curriculum begins from Reception to Year 6. Our curriculum is deeply entwined with our focus on the Spiritual, Moral, and Cultural (SMSC) development of our students, and is reflective of the core British Values of democracy, the rule of law, individual liberty and respect for different faiths.

At All Saints, we believe that it is our responsibility to show our students that the world is their oyster outside of the school gates and they can be anything they wish to be!

Why Personal Development Matters at All Saints

The social, emotional and mental health and wellbeing of our pupils is central to our Personal Development provision. A significant proportion of our pupils have SEND needs, including SEMH needs, and some children have experienced trauma or circumstances that can create barriers to learning, relationships and participation. We therefore recognise that before children can fully engage with learning and flourish, they need to feel safe, secure, valued and understood. Our Personal Development curriculum is designed to respond to these needs by helping children develop the knowledge, skills and confidence to understand themselves, manage their emotions, build positive relationships and make healthy and safe choices.

As a trauma-informed school, we understand that children may respond to experiences of difficulty in different ways. Our approach therefore prioritises consistent relationships, emotional safety, belonging and trusted adults, alongside explicit teaching of the skills children need to manage themselves and respond to challenges. Through our Personal Development provision, we seek to develop self-awareness, self-control, resilience, self-esteem and confidence, while supporting pupils to build healthy relationships, resolve conflict, make positive decisions and recognise when they need help. Children are encouraged to identify and communicate their feelings, understand their behaviour and develop strategies that enable them to regulate and re-engage.

This work is not dependent upon a single subject. PSHE/RSE provides an important spine for our Personal Development curriculum, with its planned focus on health and wellbeing, relationships, safety and growing independence. The Kapow mapping also demonstrates how PSHE/RSE contributes to pupils' spiritual, moral, social and cultural development and to their understanding of British Values. Importantly, the document recognises that PSHE/RSE alone cannot provide sufficient evidence of pupils' personal development and that schools need to demonstrate how the wider elements of school life contribute to this.

At All Saints, this wider provision is particularly important. Personal Development is lived through our relationships, routines, experiences and opportunities, including Collective Worship, quiet reflection, trusted adults, inclusive classroom cultures, My Happy Mind, Wildlife Wednesday, PE, swimming, music, residential experiences, performances, clubs, leadership opportunities, charity work and community involvement. These experiences provide children with authentic opportunities to practise resilience, cooperation, responsibility, independence and confidence rather than simply learning about these qualities in a lesson.

We also recognise that children's personal development is shaped by the experiences and perspectives to which they are exposed. For some of our pupils, their immediate experiences may not provide regular opportunities to encounter a wide range of cultures, beliefs, backgrounds and perspectives. We therefore deliberately broaden children's horizons, providing meaningful opportunities to encounter people, places, ideas and experiences beyond their own lives.

Our curriculum and wider provision promote curiosity, respect, inclusion and an appreciation of difference. This is supported through PSHE/RSE and RE, but is also brought to life through Picture News, Black History Month, National Inclusion Week, visitors, trips, alternative places of worship, speakers from other faiths, music, the arts, sport and community experiences. This reflects the SMSC framework's emphasis on developing respect for different people's faiths, feelings and values, appreciating cultural diversity and recognising the commonalities that exist across different communities.

Our British Values provision similarly gives children opportunities to have a voice, understand rules and responsibilities, develop independence, respect others and engage positively with people whose beliefs and experiences may differ from their own.

Ultimately, our Personal Development curriculum is about knowing our children well and providing what they need to flourish. For children who may experience additional barriers through SEND, SEMH needs or trauma, the development of emotional security, resilience, positive relationships and a strong sense of belonging is not an additional extra—it is fundamental to their ability to participate, learn and succeed. Through the combination of PSHE/RSE, SMSC, British Values, our Christian ethos and the rich experiences of school life, we aim to ensure that every child develops the confidence, character and understanding to Love, Live and Learn and to “live life to all its fullness.”

Curriculum Aims

We ensure that we teach the following key aspects of Personal Development:

Healthy & Safe Behaviours include our Personal, Social and Health Education (PSHE) curriculum, Relationship and Sex Education (RSE), Physical Health, Mental Wellbeing and wider aspects of safety, including online and e-safety.

Fundamental British Values includes Democracy, Rule of Law, Respect & Tolerance and Individual Liberty and mutual respect and tolerance for those with different faiths and beliefs.

Character and Resilience: Focuses on curiosity, confidence, and coping with setbacks through enrichment like Wildlife Wednesdays and our enrichment activities.

Social, Moral, Spiritual and Cultural Development allows our students to develop their own personal values, develop positive relationship, and learn right from wrong.

Wider Life Skills: Often includes expanding Cultural Capital, basic financial understanding (budgeting and saving), community-mindedness, and self-care.

Our PSHE & RSE Curriculum

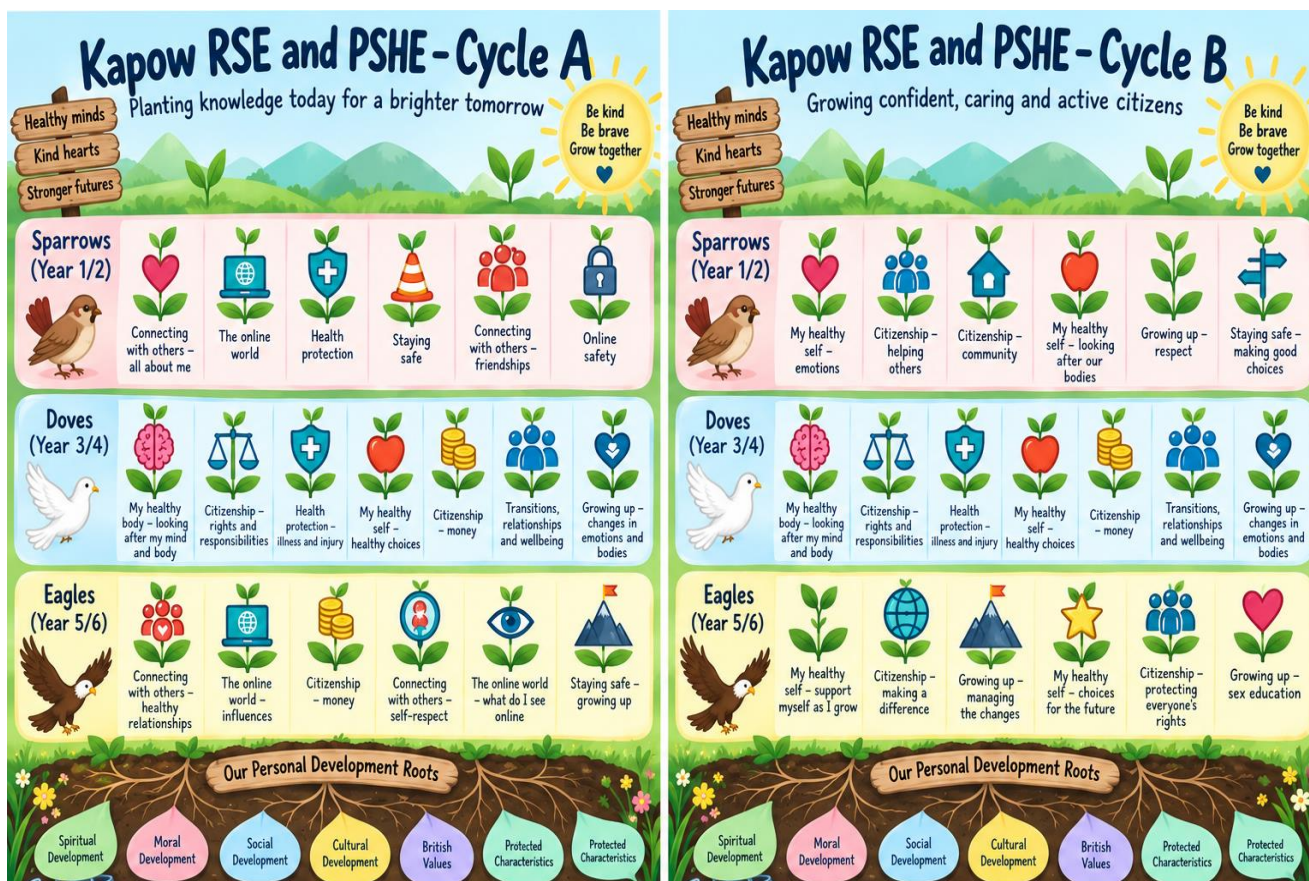
The Kapow Primary RSE and PSHE curriculum provides the planned curriculum spine for our Personal Development programme. It provides a progressive framework throughout both Key Stage 1 and Key Stage 2, giving pupils age-appropriate opportunities to develop their understanding of themselves, their relationships, their health, safety and wellbeing, and their responsibilities as they grow.

Across the programme, pupils revisit and build on key areas including Family and Relationships, Health and Wellbeing, Safety and the Changing Body, Citizenship and Economic Wellbeing. Through these areas of learning, pupils develop their emotional literacy, resilience, self-awareness and ability to make positive choices. The curriculum also provides opportunities for pupils to develop their communication skills, consider the consequences of their behaviour, understand how to keep themselves safe, explore healthy relationships and consider the experiences and viewpoints of others.

Kapow's mapping demonstrates that the RSE and PSHE curriculum contributes directly to pupils' spiritual, moral, social and cultural development, as well as their understanding of the fundamental

British Values and equality. Across the different year groups, pupils are given opportunities to reflect on their experiences, develop social skills, cooperate with others, consider right and wrong, understand the consequences of their actions and develop respect for different faiths, cultures and perspectives.

The programme also supports pupils' wider personal development by developing their confidence, resilience and knowledge so that they can look after their mental and physical health, recognise risks, understand healthy relationships and develop the knowledge and skills needed to become responsible, respectful and active citizens. An overview of our PSHE/RSE curriculum can be found below:



Our Personal Development Programme is deliberately mapped so that key aspects of pupils' development are revisited progressively throughout their time at All Saints. Within our Kapow PSHE/RSE curriculum, Sparrows develop these areas through units including My Healthy Self, Connecting with Others, The Online World, Health Protection, Growing Up and Staying Safe. Doves build on this through My Healthy Self, Connecting with Others, The Online World, Growing Up and Staying Safe, while Eagles continue to develop these areas through My Healthy Self, Connecting with Others, The Online World, Citizenship, Growing Up and Staying Safe. Across these units, Kapow identifies opportunities for spiritual, moral, social and cultural development, British Values, equality and protected characteristics, character development, mental and physical wellbeing, online safety, healthy relationships and responsible citizenship.

Spiritual, Moral, Social and Cultural Development

Spiritual, Moral, Social and Cultural development is woven throughout the life of All Saints. It supports pupils in developing their own personal values, building positive relationships and becoming responsible members of their school and wider community. Through our curriculum and wider school experiences,

pupils are encouraged to be kind, thoughtful and caring and to live and learn alongside people with different beliefs, cultures, experiences and lifestyles.

Our approach to SMSC is closely connected to our Christian vision and our school values of Love, Live and Learn. Pupils are encouraged to reflect on their own beliefs, feelings, behaviour and choices while developing an understanding and respect for the beliefs, feelings and values of others.

The Kapow mapping identifies opportunities across the RSE and PSHE curriculum for pupils to develop spiritually, morally, socially and culturally. These include opportunities to reflect on their experiences, develop respect for different faiths and values, consider right and wrong, understand the consequences of their actions, develop social skills, cooperate with others and engage positively with diversity and different cultures.

Spiritual Development

As a church school, spirituality at All Saints is defined as “relational awareness” - the ongoing journey of developing a deep connection to ourselves, to others, to the world around us and to God.

Within our Personal Development curriculum, we nurture spirituality as an important part of pupils’ development as whole people. We bring this to life through our “in, out, up” approach. We look inwards, encouraging pupils to reflect on their own feelings, beliefs, experiences and questions; we look outwards, considering our relationships with others and our place within our school, local and wider community; and we look up, experiencing awe, wonder and joy through God’s creation and our Christian faith.

This is developed through Collective Worship, daily quiet reflection, church worship, the curriculum and the wider life of the school. It also connects closely with the spiritual development identified within the Kapow mapping, which includes reflection on beliefs and perspectives, respect for different people’s faiths, feelings and values, enjoyment and fascination in learning about ourselves and the world, creativity and a willingness to reflect on experiences.

Moral Development

Moral development at All Saints is about helping pupils understand that their choices and behaviour have consequences and that their actions affect both themselves and others. Through PSHE/RSE, Collective Worship, assemblies, discussions and everyday experiences, pupils are encouraged to consider right and wrong, make positive choices and take responsibility for their behaviour.

As pupils progress through the Kapow programme, they have opportunities to consider legal boundaries, understand the consequences of behaviour and actions, and investigate moral and ethical issues while listening to and appreciating the viewpoints of others.

This is reinforced through opportunities beyond the classroom, such as School Council, school committees, classroom responsibilities, charitable activities and community involvement, where pupils have opportunities to put their understanding of responsibility and respectful behaviour into practice.

Social Development

Social development is evident throughout school life at All Saints. Pupils have regular opportunities to work with others, develop relationships with adults and children across the school, cooperate, communicate and contribute to their school and local community.

Kapow provides opportunities for pupils to develop a range of social skills, participate in different communities and social settings, cooperate with others and develop their ability to resolve conflicts. It also supports pupils in developing the skills and attitudes needed to participate positively in society.

At All Saints, these skills are then reinforced through our close-knit school community, inclusive classrooms, PE, music, house teams, School Council, committees, residential experiences, performances and community activities. Pupils therefore have regular opportunities not only to learn about positive relationships but to practise them in different contexts.

Cultural Development

Cultural development at All Saints is about helping pupils understand and appreciate different cultures, beliefs, backgrounds and experiences and recognise both the differences between people and the things we share in common.

Our RE, PSHE and Personal Development provision provides opportunities for pupils to learn about different lifestyles, backgrounds and beliefs. This is reinforced through experiences such as Picture News, themed assemblies, visitors, trips, intergenerational activities, visits to an alternative place of worship and listening to speakers from another faith.

Kapow's cultural development mapping identifies opportunities for pupils to understand cultural influences, appreciate different cultures, recognise commonalities across cultural, religious, ethnic and socio-economic communities, participate positively in artistic, musical, sporting and cultural opportunities and develop respect for different faiths and cultural diversity.

Core British Values

British Values at All Saints

At All Saints, the promotion of British Values is an integral part of our wider personal development provision. Through our PSHE/RSE curriculum, children are given explicit opportunities to develop their understanding of democracy, the rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs. However, these values are not confined to discrete lessons; they are reinforced and brought to life through the everyday experiences, relationships and responsibilities that children encounter across school life. The Kapow mapping identifies opportunities within the curriculum for children to develop social skills, cooperate with others, resolve conflicts, participate in communities and develop the attitudes needed to contribute positively to modern Britain.

Democracy

Children learn that everyone has a voice and that their views matter. Through opportunities such as School Council, committee meetings, voting for House Captains, Picture News and discussion within PSHE/RSE, children learn to listen to others, express their own views respectfully and understand that

people may hold different opinions. As children progress through school, these opportunities enable them to take increasing responsibility and participate actively in their school community.

Rule of Law

Children develop an understanding that rules and laws help to keep people safe and ensure fairness. Through PSHE/RSE, Collective Worship, classroom expectations, online safety, behaviour choices and wider school experiences, children consider the consequences of their actions and learn to distinguish between right and wrong. The Kapow mapping specifically identifies understanding the consequences of behaviour and recognising legal boundaries as elements of moral development.

Individual Liberty

At All Saints, children are encouraged to develop the confidence to make informed choices, express themselves and take responsibility for their actions. PSHE/RSE supports children to understand their rights and responsibilities, make safe and healthy choices and develop their independence. This is strengthened through opportunities to take on responsibilities, make decisions, participate in clubs and enrichment, develop personal interests and reflect on their own experiences.

Mutual Respect

Respect is central to our Christian ethos and our Love, Live and Learn values. Children learn to value themselves and others, listen to different viewpoints, work cooperatively and resolve disagreements positively. Through relationships with peers and adults, mixed-age experiences, Collective Worship, PSHE/RSE, community activities and leadership opportunities, children develop the social skills needed to contribute positively to their communities. The Kapow mapping highlights the importance of working and socialising with others, cooperating, volunteering and resolving conflict effectively.

Tolerance of those with different faiths and beliefs

As a Church school, we provide children with opportunities to explore and respect different faiths, beliefs, cultures and perspectives. Children encounter different viewpoints through Collective Worship, visits to and from places of worship, visitors from other faiths, Picture News and the wider curriculum. This helps children to recognise both differences and commonalities between people and to develop an attitude of respect towards diversity. The Kapow framework identifies understanding and respecting different people's faiths, feelings and values as an important aspect of spiritual development, alongside understanding, accepting and respecting cultural diversity.

British Values in practice

Importantly, at All Saints, British Values are experienced rather than simply taught. Children have opportunities to practise these values through School Council, House Teams, leadership roles, Collective Worship, PSHE/RSE, Wildlife Wednesday, charity and community work, sporting activities, music and performance, trips and residential experiences. This enables children to move from understanding the values to demonstrating them in their relationships, choices and contributions to school and the wider community.

Our aim is that, by the time children leave All Saints, they can not only explain British Values but demonstrate them through the way they treat others, make decisions, take responsibility and contribute to the communities of which they are a part..

Equality and Protected Characteristics

At All Saints, equality, inclusion and respect for others underpin our Personal Development provision. We are committed to promoting equality and diversity, supporting positive relationships and challenging prejudice and discrimination.

The Kapow scheme recognises that primary education should provide age-appropriate foundations for understanding equality, respect and inclusion. Pupils are not taught directly about every protected characteristic in the same level of detail. Instead, they develop the underlying principles of fairness, respect for difference, challenging stereotypes and valuing diversity.

Within the Kapow programme, pupils encounter age-appropriate learning around characteristics including age, disability, race, religion or belief and sex, alongside learning about different family structures and relationships. The scheme also provides mapping to show where equality and protected characteristics are addressed across the curriculum.

At All Saints, these principles are reinforced through our school ethos, assemblies, curriculum discussions, behaviour expectations and wider experiences. We want pupils to develop self-esteem, self-knowledge and self-confidence, accept responsibility for their own behaviour, respect their own and other cultures and understand how they can contribute positively to their school, home and wider community.

How the Kapow schemes of learning covers personal development, SMSC, British values and protected characteristics is mapped out in the document below:



26_27_Mixed-age-cycle-A_RSE-PSHE-Curriculum-overview-24.06.26.pdf



26_27_British-values-mapping-RSE_PSHE_17.07.26.pdf

Personal Development beyond the PSHE Curriculum

At All Saints, we recognise that personal development is much more than what can be taught through PSHE and RSE. While PSHE/RSE provides an important spine, giving children the knowledge, skills and understanding they need to grow and flourish, we know that personal development happens through every aspect of school life. Through our Christian values, Collective Worship, relationships, wider curriculum, enrichment opportunities, leadership, service, community involvement, trips, clubs and experiences, we provide children with opportunities to develop as confident, compassionate, respectful and responsible individuals. **Our personal development journey is therefore unique to All Saints, with every experience contributing to our children's growth.**

Area of Development	Where this is developed at All Saints
 Spiritual Development Reflecting, wondering and finding meaning in the world.	Kapow PSHE/RSE, Collective Worship, RE, time for reflection, our school values and wider experiences.
 Moral Development Knowing right from wrong and making positive choices.	Kapow PSHE/RSE, discussions, School Council, school rules, trusted adults and real-life experiences.
 Social Development Building positive relationships and working well with others.	Kapow PSHE/RSE, myHappyMind, teamwork, clubs, pupil leadership and opportunities to contribute to our school and local community.
 Cultural Development Respecting difference and celebrating our diverse world.	Kapow PSHE/RSE, RE, Picture News, themed assemblies, visitors, trips and wider school life.
 British Values Preparing for life in modern Britain.	Kapow PSHE/RSE, School Council, House Captain elections, committees, rules and responsibilities, and exploring current events through Picture News.
 Character, Resilience and Wellbeing Developing confidence, perseverance and positive mental health.	myHappyMind, Kapow PSHE/RSE, PE, music, reflection, trusted adults, responsibilities and residential experiences.
 Relationships and RSE Understanding ourselves and others, and building healthy relationships.	Kapow PSHE/RSE (Connecting with Others and Growing Up units), our wider school culture and strong, positive relationships.
 Safety and Healthy Choices Keeping ourselves and others safe and making informed choices.	Kapow PSHE/RSE (The Online World, Staying Safe, Health Protection and My Healthy Self units), safeguarding, online safety, and wider curriculum experiences.

At All Saints, personal development is woven throughout the curriculum and is not confined to PSHE/RSE. Across subjects, children have opportunities to develop their understanding of themselves, others and the wider world.

- **History and Geography** – exploring different people, cultures, communities, perspectives and experiences, developing empathy and respect.
- **English and Reading** – encountering different lives and viewpoints and discussing characters, relationships, choices and moral issues.
- **Debate and Discussion** – expressing opinions, listening to others, respectfully challenging ideas and considering different perspectives.
- **Science** – developing curiosity, critical thinking and understanding of health, wellbeing and our responsibility for the environment.
- **PE** – developing teamwork, resilience, perseverance, respect and positive attitudes towards physical health.
- **Art and Music** – developing creativity, self-expression, confidence and appreciation of different cultures.

Personal development is therefore a thread running through our curriculum, giving children regular opportunities to reflect, discuss, question, collaborate and develop their understanding of themselves and others.

Personal Development, SMSC and British Value Mapping for wider curriculum subjects:

 26_27_Art_Design_PD-SMSC-and-BV-mapping-04.09.26.pdf	 French_PD-SMSC-and-BV-mapping-04.03.26.pdf
 26_27_DT_SMSC-and-BV-mapping_18.08.26.pdf	 Geography_PD-SMSC-and-BV-mapping-05.03.26.pdf
 History_PD-SMSC-and-BV-mapping-05.03.26.pdf	 Science_PD-SMSC-and-BV-mapping-09.03.26 (1).pdf

A Personal Development Journey at All Saints

During a school day, I will...	During the week, I will..
Take part in daily Collective Worship Talk about our core values of Love, Live and Learn Have close knit relationships between all members of my school community Have a daily opportunity for quiet reflection time Have a trusted adult that I can talk to if I am feeling overwhelmed Have a role or responsibility in my classroom Be part of my inclusive classroom culture	Attend church for worship Attend a Weekly Picture News Assembly Take part in a My Happy Mind session Have a specialist music lesson Take part in a PE lesson Take part in a PSHE/RSE lesson Have a weekly Wildlife Wednesday session Attend a Values in Practice assembly
During a term, I will...	During a year, I will...
Take part in a church service Go on a school trip linked to their topic Have special visitor into assembly Take part in a sports-based enrichment activity Attend a committee meeting Share my views at a school council meeting Take part in an intergenerational art work shop Support our local community with 'Best Kept Village' competition Raise money for my school by attending a PTA event Sing in front of an audience	Join one of our house teams (Love, Live or Learn) Vote for our house captain Have swimming lessons Celebrate Safer Internet Day Take part in an active programme for National Schools Sports Week Take part in special activities for National Science Week Celebrate World Mental Health Day Raise money for Comic Relief and/or Children in Need Attend a Macmillan coffee morning Take part in a fund raiser for Christian Aid Raise awareness of Save the Children Attend a live assembly
During my time at All Saints, I will...	I will have extra opportunities to...
Learn to play a musical instrument Play an instrument in front of an audience Attend 3 overnight residential trips Take part in a school performance Help, organise and attend a year 6 leavers trip Take part in a year 6 leavers service Attend a local high school Attend an alternative place of worship Listened to speaker from another faith	Apply to be on the worship team Attend a Mini Mindfulness Club Apply to be a House Captain Attend Creative Lego Club Go on a school trip abroad Appear on live television Take part in a talent show



"I like that we get to go on so many trips and don't have to spend all our time learning in the classroom" Year 6 Pupil

"On residential, I met lots of new people and got chance to try activities that I had never done before like climbing and archery" Year 5 Pupil

"I can't wait to go on my residential for the first time this year – I have been practising climbing over the summer ready to go!" Year 4 pupil

"I love that we get to do swimming every year and that PE is a bit like a trip to the community centre" Year 5 pupil

"I like learning outside in Wildlife Wednesday lessons" Year 4

Assemblies and Worship

At All Saints School, worship and assemblies are an important part of our pupils' personal development and contribute to the sense of community that sits at the heart of school life. Together, they provide regular opportunities for pupils to reflect, ask questions, listen to different perspectives, develop their understanding of themselves and others, and consider their role within the wider world. While Collective Worship is rooted in our Christian foundation and provides dedicated opportunities for prayer, reflection and spiritual development, our wider assembly programme complements this by exploring current affairs, important events, wellbeing, inclusion, relationships and issues affecting our communities.

Our school vision states that, through the power of God's love, children will reach their true potential and be able to live their lives with an open mind so that they learn from the world around them. This vision is brought to life through our school motto, **Love, Live and Learn**, which provides a consistent thread throughout worship and assemblies. Pupils are encouraged to consider how they can show love and compassion towards others, live life in all its fullness and remain open to learning from the people, experiences and world around them. In this way, worship and assemblies support pupils to develop as confident, thoughtful and compassionate individuals who can make positive contributions to their school and wider community.

As a church school, our close partnership with the church provides pupils with opportunities to grow spiritually, emotionally and socially within a caring Christian environment. Through hymns, Bible stories, prayers, music and moments of reflection, Collective Worship enables pupils to explore Christian teaching, engage with big questions and consider how faith and values can influence the way we live. Central to our vision is Jesus' promise in John 10:10: *"I have come that they may have life, and have it to the full."* Through worship, pupils are encouraged to recognise that they are valued and loved by God, to develop their unique gifts and to respond to challenges with compassion, courage and respect. Regular quiet reflection also gives pupils time to pause, consider their thoughts and feelings and develop their understanding of spirituality.

Our assemblies provide further opportunities for pupils to connect their personal development with the world beyond the school. Weekly Picture News assemblies introduce age-appropriate current affairs and encourage pupils to discuss real-world issues, share their ideas, listen to others and consider perspectives and experiences that may be different from their own. This supports the development of communication, confidence, curiosity, critical thinking and an understanding of the wider world.

Throughout the year, themed assemblies and events provide opportunities to explore a range of issues and experiences. National Inclusion Week encourages pupils to think about equality, the experiences of marginalised groups and what makes each individual unique, while Black History Month develops understanding of Black history and experiences. Our Remembrance service helps pupils understand why Remembrance is marked and explore the significance of memorials and different poppies as a mark of respect. Anti-Bullying Week provides opportunities to consider positive relationships and the impact of our behaviour on others, while World Mental Health Day supports open discussion around mental health and wellbeing. Children in Need provides opportunities for pupils to engage with charitable activity and consider the needs of others, while National School Sports Week encourages pupils to consider aspirations alongside the importance of inclusive participation in sport.

Our Values in Practice assembly provides a regular opportunity to recognise and celebrate how pupils demonstrate Love, Live and Learn through their everyday actions. This helps pupils to recognise positive behaviours in themselves and others and understand how individual actions contribute to the culture and wellbeing of the whole school community.

Pupils are also given opportunities to take an active role in worship and assemblies. Through the Worship Team, pupils help to prepare and lead worship, develop confidence in speaking and presenting, and take responsibility for creating reflective spaces and supporting significant services throughout the year. These experiences develop leadership, responsibility, confidence, communication and a sense of belonging.

The strong links between school and church, alongside our programme of assemblies and wider community experiences, enable pupils to develop their understanding of faith, values, relationships, equality, wellbeing and their responsibilities towards others. Collectively, worship and assemblies therefore make a significant contribution to Personal Development by helping pupils to develop self-awareness, confidence, empathy, resilience, respect, communication skills, spiritual understanding and a sense of responsibility, while encouraging them to participate positively in the life of the school and wider community.

Please see our whole-school worship overview below:

All Saints' Weekly Worship Timetable				
Monday	Tuesday	Wednesday	Thursday	Friday
 Worship in Church	 Christian Meditation  Singing Worship	 Value Worship	 Picture News	 Values in Practice (VIP)

Worship Team

For some pupils, personal development is further strengthened through opportunities to take on specific responsibilities within school. The Worship Team provides five or six Key Stage 2 pupils with the opportunity to apply for a role and become actively involved in the organisation of daily worship. Working with Mrs Scott or the School Chaplain, pupils help to prepare reflection areas, light candles and organise stories and music, as well as taking on roles within Harvest, Easter, Christmas and leavers' services. This provides pupils with opportunities to develop confidence, organisation and responsibility while making a meaningful contribution to the worship life of the school and church. Their progression through Bronze, Silver and Gold awards also gives pupils clear criteria to work towards and allows them to recognise their own development and achievements. The Worship Team therefore provides a focused opportunity for pupils to put responsibility, participation and confidence into practice.

Wildlife Wednesday

Wildlife Wednesday provides children with valuable opportunities to develop personally through regular outdoor learning and connection with the natural world. Spending time outdoors encourages children to develop confidence, resilience and independence as they explore, take appropriate risks, solve problems and work together. It supports their wellbeing by providing space to pause, reflect and enjoy being active in a different environment. Through caring for wildlife and their surroundings, children also develop a sense of responsibility, curiosity and respect for the world around them. These experiences help children to build positive relationships, discover their strengths and develop the confidence to try

new things -making Wildlife Wednesday an important part of our wider personal development journey at All Saints.

Picture News

Our weekly Picture News Assembly extends this opportunity to engage with the wider world by giving pupils regular access to age-appropriate current affairs and real-world news stories. Using an image and a central 'big question' provides an accessible starting point for pupils to share their ideas and engage in discussion. Pupils are encouraged to articulate their own opinions while listening to and considering the views of others. Through this regular dialogue, pupils develop confidence in speaking and listening and become increasingly familiar with discussing issues that may be outside their immediate experience. Picture News also provides opportunities to explore diversity, equality and stereotypes and to recognise that people can have different experiences and perspectives. In this way, the weekly Picture News Assembly complements our wider programme of worship and assemblies by encouraging pupils to be curious about the world, engage respectfully with different viewpoints and develop their confidence in expressing their own ideas.



An example of topics covered in picture news can be found below:

Coverage Summer 2 2026



Week	News Story	Focus Question	British Value Link	Protected Characteristics	Bible Link Christian Value Core Concept	UN Article
25 th May	This week, people in the UK and across the world are celebrating Eid al-Adha.	Why do people celebrate different things in different ways?	Individual Liberty and Mutual Respect and Tolerance	Religion and Belief	Psalms 150 Joy God	30 MINORITY CULTURE, KNOWLEDGE AND RELIGION
1 st June	Teenage sisters, Tala and Farah Mousa from Gaza, have created a project called Build Hope.	How can people create hope during difficult times?	Democracy and Individual Liberty	Sex	Hebrews 6:19 Hope People of God	39 RECOVERY AND REGENERATION
8 th June	June 8 th is World Oceans Day, a time when people around the world think about how to care for the seas and the creatures living in them.	How can we protect the oceans?	Rule of Law and Mutual Respect and Tolerance.	Age	Psalms 104: 24-26 Wisdom Creation	24 HEALTHY WATER, FOOD, ENVIRONMENT
15 th June	Film maker, Pixar, has shared that the new Toy Story 5 film will explore how children are spending more time using screens and digital technology.	Is technology changing childhood?	Individual Liberty and Mutual Respect and Tolerance	Age	Proverbs 4:23 Love People of God	31 RESPECT CULTURAL ARTS
22 nd June	India has started one of the world's biggest counting projects, its national census.	How does every person count?	Democracy and Individual Liberty	ALL	Numbers 1:2 Respect People of God	4 HEALING RIGHTS
29 th June	Scientists are monitoring a climate trend called El Niño, which begins in the Pacific Ocean and can affect weather in different parts of the world.	How much should the weather influence our decisions?	Individual Liberty and Mutual Respect and Tolerance.	Disability	Genesis 8:22 Service God	6 LIFE, SURVIVAL AND DEVELOPMENT
6 th July	Squishy dumpling toys have become popular with many children in recent months.	What makes something popular?	Individual Liberty and Rule of Law	Sex	Luke 12:15 Joy Kingdom of God	3 BEST INTERESTS OF THE CHILD
13 th July	People living in remote parts of the Amazon rainforest in Ecuador are using solar-powered canoes to travel along rivers.	How can we travel while protecting nature?	Mutual Respect and Tolerance and Individual Liberty	Race	Proverbs 16:19 Respect People of God	2 NO DISCRIMINATION

My Happy Mind

At All Saints, we use MyHappyMind as a regular part of our personal development provision, giving pupils a consistent language and set of practical strategies for understanding and supporting their own mental health and wellbeing. The programme is built around five key areas:

Meet Your Brain: which helps children understand how their brains work and how they can manage emotions. We

Celebrate: which develops an awareness of individual character strengths and self-esteem;

Appreciate: which develops gratitude;

Relate: which focuses on positive relationships and friendships;

Engage: which develops goal-setting, confidence and resilience.

At All Saints, this complements our PSHE/RSE curriculum and wider culture of wellbeing, including daily quiet reflection, trusted adults, Collective Worship, our values of Love, Live and Learn, and the close relationships that exist across our school community. The weekly sessions give pupils opportunities to recognise and talk about their emotions, understand that their brains can respond differently in different situations, develop strategies for managing challenges, recognise their own strengths and appreciate those of others. This is particularly valuable in our small, inclusive school, where we want every pupil to develop the confidence to ask for help, build positive relationships and approach challenges with increasing independence and resilience. The programme is designed as a whole-school approach, with resources and learning extending beyond individual lessons, helping schools develop a shared language and culture around wellbeing.

Our Music Offer

Music makes an important contribution to Personal Development at All Saints, providing pupils with opportunities to develop confidence, creativity, communication, perseverance and a sense of achievement. Through weekly specialist music lessons, learning to play a musical instrument and opportunities to perform in front of an audience, pupils are encouraged to try new things, practise and improve, work collaboratively and develop the confidence to share their achievements with others.

Our specialist music nurture provision provides a particularly strong example of how music can support pupils' wider personal development. The provision was developed in response to the needs of our pupils and provides a bespoke, play-based weekly music experience alongside opportunities to develop musical skills. The sessions create a supportive environment in which pupils can participate at their own level, develop relationships with others and gradually build confidence in their ability to contribute.

The impact of this provision has been recognised by Lisa Wilson, SEND Lead and Teaching & Learning Leader at Entrust, who observed:

"Pupils initially appeared nervous and unsure but became more confident and willing to try. They developed a spontaneous soundscape using beat and rhythm and engaged positively in singing and rhythm games. The sessions supported the development of non-verbal communication, turn taking, sharing, kindness and working together, as well as initiating and responding to play and respecting personal space. Pupils also developed their ability to work as part of a larger team. Their confidence and self-esteem increased, and communication improved."

This feedback provides evidence of the wider impact of music beyond musical development. Pupils are developing confidence, self-esteem, communication, cooperation, kindness, resilience and the ability to work successfully with others. For some pupils, particularly those who may initially be reluctant or anxious to participate, music provides a safe and engaging context in which they can experience success, take risks, express themselves and develop positive relationships.

Music also contributes to pupils' sense of belonging and achievement across the wider life of the school. Performing to an audience, whether through an individual instrument, group performance or school production, gives pupils a genuine sense of accomplishment and helps them to develop the confidence to present themselves in front of others. These experiences encourage pupils to recognise and celebrate their own strengths while appreciating the contributions and achievements of others.

School Council

Pupil voice is another important part of personal development at All Saints. Our School Council provides pupils with a genuine opportunity to share their thoughts, feelings and ideas and to contribute to decisions that affect their school experience. Every pupil belongs to one of three groups - Love, Live or Learn - with pupils from Reception to Year 6 represented. This provides opportunities for pupils of different ages to work together and contribute their views. Representatives are chosen through a democratic voting process, with pupils preparing manifestos before putting themselves forward. Through this process, pupils experience expressing their ideas, listening to others, making choices and participating in democratic decision-making. The School Council therefore supports the wider opportunities in our personal development journey for pupils to share their views, vote for their House Captain and take an active role in shaping aspects of school life. It helps pupils understand that their voice matters and that they can contribute to their school community.

School committees

The opportunity to contribute to school life continues through our school committees. Each year, pupils are able to choose which committee they would like to join and vote for their preferred option. Committees include Eco Warriors, Happiness Heroes, Health and Safety, Performing Arts and Charity and links within the Community. This gives pupils opportunities to make choices about how they would like to contribute, work alongside others and take an active role in an aspect of school life that interests them. The committees complement the wider responsibilities pupils experience through classroom roles, house teams and the School Council, ensuring that pupils have different ways of participating and contributing to the school community. Through these experiences, pupils develop a greater sense of responsibility, teamwork and belonging.

Charity and links within the community

Our opportunities to contribute extend beyond the school itself. Throughout the year, pupils participate in charitable activities including Comic Relief and/or Children in Need, the Macmillan coffee morning, Christian Aid and Save the Children Christmas Jumper Day, as well as supporting fundraising through PTA events. These experiences give pupils opportunities to participate in activities that support others and to recognise the contribution they can make beyond their immediate circumstances. This is further developed through activities such as the 'Best Kept Village' competition, intergenerational art workshops, church activities and local community events. Alongside opportunities such as school trips, residential experiences, visits to alternative places of worship and listening to speakers from another faith, pupils are given experiences that broaden their understanding of the people and communities around them.