




Curriculum Map for RSE

My Happy Mind Transition activities Science / computing covering objectives other resources RE/worship themes

 myHappyMind First Year – 2024 (year B)	Reception	Sparrows	Doves	Eagles
Spring 2 Forgiveness	Meet your brain. (YR) <i>Learning what our brain looks like and what our brain helps us with</i> <i>Learning about how to look after our brain and how our brains can grow</i> Salvation Why do Christians put a cross in the Easter garden?	Meet your brain. (Y1) <i>Learning what our brain looks like and how it helps us</i> <i>The brain has 3 parts</i> <i>What Neuroplasticity is</i> <i>Learning how Team H-A-P help us be our best self</i> <i>Happy Breathing and how it helps us</i> <i>Our brain can react differently in different situations</i> Salvation Why does Easter matter to Christians?	Meet your brain. (Y3) <i>Learning how our brain and mind work together and what Neuroplasticity is</i> <i>Learning more about the Team in our brain, Team H-A-P</i> <i>Learning about the role of the Amygdala and how to train your brain</i> <i>Learning why the Amygdala behaves the way it does and how the brain is structured</i> <i>Learning what Neurons and Neural Pathways are and how to look after our brains</i> <i>Learning that Happy Breathing is a key way to look after our brains</i> Salvation How do Christians remember Jesus' last supper?	Meet your brain. (Y5) <i>Learning all about our brains, how you can train your mind, how each part of Team H-A-P work</i> <i>Why the Amygdala behaves the way it does and what triggers our Amygdala</i> <i>Learning how to calm our Amygdala and what neurons and Neural Pathways Are</i> <i>How habits can be formed and how to look after our brains</i> <i>How Happy Breathing is really good for our brains</i> <i>Learning what happens in our brain when we are feeling stressed</i> <i>The role of Cortisol and how to manage our Cortisol levels</i> Salvation What difference does the resurrection make for Christians?



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<p>Summer 1</p> <p>Service</p>	<p>Celebrate. <i>Learning what Character Strengths are. Learning about Love and Kindness. Learning about the Character Strengths of Bravery, Honesty, Team work and Friendship. Exploring and Learning Love of Life and our World.</i></p> <p>What is Faith and why are we unique? What makes every person special and unique?</p>	<p>Celebrate. <i>Learning what character is and how character makes us special Learning more about Character Strengths and why it is important to use our strengths Learning how to use our strengths even more</i></p> <p>Celebrate. <i>Learning what character is and how character makes us special Learning more about Character Strengths and why it is important to use our strengths Learning how to use our strengths even more</i></p> <p>What is Faith and why are we unique? What is Faith and what difference does it make?</p>	<p>Celebrate. <i>Learning what character is and where our character comes from Learning which Character Strengths we have, which strengths we use the most and why it is important to use our strengths Learning what Character Strengths, we use the most and why it is important to use our strengths Learning how you can use your strengths in difficult situations and how we can grow our strengths</i></p> <p>People of God- What is it like to follow God?</p>	<p>Celebrate. <i>Learning about character and Character Strengths and which strengths we use the most Why it is important to use our strengths and which we use most Learning why it is important to use our strengths and how you can use your strengths in difficult situations Learning why it is important to use and spot our strengths How we can use strengths in lots of different ways and how we can grow our strengths More about Neuroplasticity and how it helps us</i></p> <p>People of God- How can following God bring freedom and Justice?</p>
<p>Summer 2</p> <p>Respect</p>	<p>Appreciate. <i>Learning how to be grateful for other people Learning how being grateful makes you feel Learning to be grateful for activities and times we feel happy about Learning how to be grateful for ourselves</i></p>	<p>Appreciate. <i>What Appreciate means and how we are learning ways to show appreciation. Learning who we are grateful for and how important showing Gratitude is.</i></p>	<p>Appreciate. <i>What appreciation means and why Gratitude is important How to develop an Attitude of Gratitude How it feels to give and receive Gratitude How to build our habit of Gratitude</i></p>	<p>Appreciate. <i>Learning what appreciation means and why Gratitude is important How to create a habit of giving Gratitude and how to develop an Attitude of Gratitude How it feels to give and receive Gratitude and what the Domino</i></p>



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	<p>Keeping Safe: Sun, fire, road and beach safety. How to call 999.</p> <p>Judaism- What do stories teach us about Judaism?</p>	<p><i>Learning how Gratitude makes us feel and how to show appreciation to ourselves</i></p> <p>Keeping Safe: Sun, fire, road and beach safety. How to call 999.</p> <p>Transition to Year 2 or 3.</p> <p>Judaism – What do Jews believe?</p>	<p><i>Learning which hormone gets released when we give/receive Gratitude</i></p> <p><i>How to appreciate ourselves and how we can use our Character Strengths to appreciate ourselves</i></p> <p>School Nurse- Managing Worries and Puberty Talk presentation</p> <p>Judaism – What can we learn from the Synagogue?</p>	<p><i>Effect is Which hormone gets released when we give or receive Gratitude</i></p> <p><i>How to create a habit of giving Gratitude and how it can help us face problems</i></p> <p><i>How to appreciate ourselves and more about how our Character Strengths can help us to appreciate ourselves</i></p> <p>School Nurse- Managing Worries and Puberty Talk presentation</p> <p>Year 6 or High school transition.</p> <p>Judaism – What does it mean to be a Jew?</p>
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 myHappy mind Year 2 (A) (2024-25)	Reception	Sparrows	Doves	Eagles
Autumn 1 Thankfulness	Meet your brain. (YR) <i>Learning what our brain looks like</i>	Meet your brain. (Y2) <i>Learning what our brain looks like and how it helps us</i> <i>The brain has 3 parts</i>	Meet your brain. (Y4) <i>Learning how you can train your mind and how your brain can grow</i>	Meet your brain. (Y6) <i>Learning why it is important to understand how our brains work and the key parts of the brain.</i>



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	<p><i>and what our brain helps us with</i> <i>Learning about how to look after our brain and how our brains can grow</i></p> <p>Creation- Who made the world?</p>	<p><i>How our brains grow What Neuroplasticity is</i> <i>Learning how Team H-A-P help us be our best self and which emotions might impact Team H-A-P and how you can help</i> <i>Happy Breathing helps us</i> <i>Our brain reacts differently in different situations. Learning how Neuroplasticity can help</i> <i>Happy Breathing</i></p> <p>Creation- Why is the word God so important for Christians?</p>	<p><i>Learning about the different parts of our brains and more about how Team H-A-P works</i> <i>Learning what is real and perceived danger Learning what triggers our Amygdala and how to calm your Amygdala Learning what Neurons and Neural Pathways are Learning how to form habits and how to look after our brains</i> <i>Continuing to develop our Happy Breathing habit</i></p> <p>Creation- What do Christians learn from the creation story?</p>	<p><i>Learning what happens in our brain when we experience different emotions</i> <i>Learning how we can deepen our understanding of what is going on in our brains. How to manage our thoughts. Develop strategies for managing our emotions</i> <i>Learning to manage our brains in times of stress</i> <i>Learning to use strategies to help us when we are feeling worried.</i></p> <p>Creation- Creation and Science- conflicting or complimentary?</p>
<p>Autumn 2</p> <p>Compassion</p>	<p>Celebrate. <i>Learning what Character Strengths are</i> <i>Learning about Love and Kindness</i> <i>Strength Learning about the Character Strengths of Bravery, Honesty, Team work and Friendship</i> <i>Exploring and Learning Love of Life and our World</i></p>	<p>Celebrate. <i>Learning all about character, why it matters and which Character Strengths we use the most We are learning why it's important to use Character Strengths and how we can grow our strengths</i> <i>Learning about sharing your strengths with others and giving positive feedback</i></p> <p>Firework Safety</p>	<p>Celebrate. <i>Learning about character and Character Strengths and which strengths we use the most</i> <i>Learning why it is important to use our strengths and which strengths we use most</i> <i>Learning why it is important to use our strengths and how you can use your strengths in difficult situations</i> <i>Learning why it is important to use and spot our strengths and use</i></p>	<p>Celebrate. <i>Learning what characteristics are and why character matters. Learning to define our own character and look at our strengths in more detail</i> <i>Learning more about strengths, what they mean and how we use them</i> <i>New tools to reinforce our strengths</i> <i>How to grow our strengths and learning</i></p>



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	<p>Firework Safety</p> <p>Anti-Bullying week</p> <p>Incarnation <i>Why do Christians perform nativity plays at Christmas?</i></p>	<p>Anti-Bullying week</p> <p>Incarnation <i>Why does Christmas matter to Christians?</i></p>	<p><i>strengths in lots of different ways Learning how we can grow our strengths and more about Neuroplasticity and how it helps us</i></p> <p>Firework Safety</p> <p>Anti-Bullying week</p> <p>Incarnation <i>What is the Trinity?</i></p>	<p><i>strategies to develop certain strengths</i></p> <p>Firework Safety</p> <p>Anti-Bullying week</p> <p>Incarnation <i>Was Jesus The Messiah?</i></p>
<p>Spring 1</p> <p>Courage</p> <p>NSPCC- Speak out, Stay safe whole school programme</p> <p>Children's mental Health week 1-5th February 2025</p>	<p>Appreciate. <i>Learning how to be grateful for other people Learning how being grateful makes you feel Learning to be grateful for activities and times we feel happy about Learning how to be grateful for ourselves</i></p> <p>Islam- What do stories teach us about the Muslim faith?</p> <p>Spring 1- safer internet</p>	<p>Appreciate. <i>What Gratitude means and how we can show Gratitude Who we may be grateful for and the importance of showing Gratitude to our self How Gratitude helps Team H-A-P Why it is important to be grateful for experiences</i></p> <p>Islam- What is important to Muslim children and families?</p> <p>Spring 1- safer internet</p>	<p>Appreciate. <i>What appreciation means and why Gratitude is important How to create a habit of giving Gratitude and how to develop an Attitude of Gratitude How it feels to give and receive Gratitude and what the Domino Effect is Which hormone gets released when we give/receive Gratitude and how to create a habit of giving How Gratitude can help us face problems and how to appreciate ourselves</i></p>	<p>Appreciate. <i>What Gratitude is and why Gratitude matters. How to establish Gratitude habits and how we can use Gratitude to support us through transitions To build our Gratitude Character Strength</i></p> <p>Islam- What are the Five Pillars of Islam?</p> <p>Spring 1- safer internet</p>



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			<p><i>Learning more about how our Character Strengths can help us to appreciate ourselves</i></p> <p>Islam- How can a Mosque help us to understand the Muslim Faith?</p> <p>Spring 1- safer internet</p>	
<p>Spring 2</p> <p>Justice</p>	<p>Relate. <i>How to be a good friend We are learning why getting along with others and listening is so important Learning what Active Listening is Learning about our emotions and how we feel when we are not getting along with others.</i></p> <p>Salvation- Why do Christians put a cross in the Easter Garden?</p>	<p>Relate. <i>How we can have good relationships with other people How our differences can help us Learning more about how we Relate with others and how to use our strengths to Relate to others Active Listening and how it helps us to Relate to others Learning about other people's reactions How Happy Breathing can help with our friendships</i></p> <p>Salvation- Why does Easter matter to Christians?</p>	<p>Relate. <i>How to understand and Celebrate our differences Learning what Stop, Understand and Consider means and how it can help How to better understand differences Learning how we can use our strengths in different ways Learning what makes a good friend and how friends help us solve problems Learning why it is important to show Gratitude to friends and how Active Listening can help us to relate with others How Active Listening can help us to Stop, Understand and Consider</i></p>	<p>Relate. <i>How we make friends What matters in friendships How our strengths can help us make friends and keep friends What friendships are How friendships are formed and why friendships are so meaningful</i></p> <p>Salvation- What did Jesus do to save human beings?</p>



All Saints C.E
Primary School

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			<p>Salvation- Why do Christians call the day that Jesus died Good Friday?</p>	
<p>Summer 1</p> <p>Friendship</p>	<p>Engage. <i>Learning what goals are and how to set goals Learning what Big Dream Goals are Learning what to do when goals are tricky</i></p> <p>Our Church –What happens in our church?</p>	<p>Engage. <i>How we can use everything that you have learnt to feel good and do good Learning when we feel good, we do good How to set goals How we can keep focused on our goal when things get tough</i></p> <p>Our Church – How do Christians talk to God?</p>	<p>Engage. <i>Learning what we Engage in and how we can help ourselves to feel good What Big Dream Goals are Why setting goals make us feel so good How perseverance and resilience helps How to stay focussed on our goals. How we already have the skills of perseverance and resilience</i></p> <p>Kingdom of God- when Jesus left, what was the impact of Pentecost?</p>	<p>Engage. <i>What it takes to feel good How we feel affects what we achieve How to set goals Learning to use Gratitude to support us through transitions Learning to build our Gratitude Character Strength</i></p> <p>Kingdom of God- What kind of King was Jesus?</p> <p>Y5 Science - describe the life process of reproduction in some plants and animals +describe the changes as humans develop to old age.</p> <p>Y6 Recognise that living things produce offspring of the same kind.</p>



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<p>Summer 2</p> <p>Truthfulness</p>	<p>Transition Keeping Safe: Sun, fire, road and beach safety. How to call 999.</p> <p>Sikh- What do Sikhs believe?</p>	<p>Relationship education – Caring friendships. <i>Fabulous friendships</i></p> <p>Relationships. <i>Keeping Safe</i></p> <p>Transition</p> <p>Sikh- What do Sikhs believe?</p>	<p>Relationship education – Respectful relationships. <i>Getting along with our families.</i></p> <p>Caring friendships. <i>Friendships ups and downs.</i></p> <p>Being safe and online relationships <i>Keeping safe.</i></p> <p>Transition</p> <p>Sikh- What can you learn from a Sikh temple?</p>	<p>Relationship education – Respectful relationships. <i>Identity and respect.</i></p> <p>Respectful relationships. <i>Discrimination and law.</i></p> <p>Being Safe <i>Online safety – Images.</i></p> <p>Year 5/6 or High school transition.</p> <p>School Nurse- Managing Worries and Puberty Talk presentation</p> <p>Sikh- What are the 5 K's?</p>
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